



Fred T. Post, Jr.

August 19, 1930 - January 18, 2010

POST

Fred T. Post, Jr., age 79, went to be with his wife, beloved son-in-law and family on January 18, 2010. He was preceded in death by his wife, Erline Chesser Post; his parents, Fred T. and Bessie Cox Post and son-in-law, Phillip Shank. Mr. Post is survived by his daughter, Denise Shank of San Antonio; cousin, Mary Jane Rolbiecki of Waco and by many close friends. He had owned a group insurance brokerage business for 33 years. No service will be held. In lieu of flowers, memorial gifts may be made to Vitas Hospice, 5430 Fredericksburg Rd., Suite 200, San Antonio TX 78229, First Baptist Church Music Ministry, 515 McCullough, San Antonio TX 78215 or the charity of your choice.

Tribute Wall

WR

“ I am so saddened by Fred's passing. I enjoyed spending time with him over the past few years. He was so good to our family, especially my children. I know he is no longer in pain and is in God's hands.

Wendy Rigby - February 15, 2010 at 12:00 AM

AC

“ Denise, I do not know you and Freddie very well but its still hard to hear that family has passed on, especially since the Post clan is so small. I pray that God's peace will enfold you and lift the burden of sadness from your heart. Please e-mail me so

Adonna Post Cook - January 21, 2010 at 12:00 AM