



Helen Mahon

May 25, 1931 - October 3, 2013

Helen Loraine Stowe Fromlath Mahon passed away on Thursday, October 3, 2013, at the age of 82. She was born on May 25, 1931 in San Antonio, Texas to the late Robert A. and Corine Stowe. She is preceded in death by her parents, first husband, Harold Eugene Fromlath, Sr., second husband, Everitt M. Mahon; one brother, Robert L. Stowe and one sister, Betty Blackstone. She is survived by her son, Harold E. Fromlath, Jr. and wife Jo Ann; her daughter, Tammy Lynn Tovar and husband Bernardo; one brother, James Stowe and wife Sharon; sister-in-law, Mary L. Stowe; four grandchildren: Jennifer Gilbert, Jackie Meier, Kristyn Tovar and Rachel Tovar; four great-grandchildren: Jordan Gilbert, Jamie Gilbert, Shellby Meier and Wesley Meier; and step children: Chris Mahon and wife Annie, Janice MacRossin and husband George, and Ronnie Mahon.

TO THOSE I LOVE: When I am gone, just release me, let me go--so I can move into my afterglow. You musn't tie me down with your tears; let's be happy that we had so many years. I gave you my love, you can only guess how much you gave me in happiness. I thank you for the love you each have shown, but now it's time I traveled on alone.

So grieve for me awhile, if grieve you must, then let your grief be comforted with trust. It's only for a while that we must part, so bless the memories within your heart. And then, when you must come this way alone, I'll greet you with a smile and open arms. WELCOME HOME!

The family would like to thank Dr. Roger Lyons and the staff of the Cancer

Care Center. In lieu of flowers, memorial contributions may be made to the American Cancer Society, Susan G. Komen Foundation or the charity of your choice.