



## Dr. John J. Nava

December 2, 1957 - December 23, 2024

Dr. John J. Nava, a beloved son, brother, father, uncle, cousin, godfather and friend known for his compassion, dedication, humor, knowledge, and kindness passed away peacefully on December 23, 2024, at the age of 67. John was born on December 2, 1957, to parents Mauro L. Nava and Georgina G. Nava.

He was a graduate of Central Catholic High School, received his undergraduate degree from Trinity University-San Antonio, and in 1985, earned his degree in Family Medicine, with honors, from the Baylor College of Medicine-Houston, TX. He did his Family Medicine Internship at Texas Tech University Health Science Center in Lubbock, Tx., and his Residency at The University of Texas Health Science Center in San Antonio.

For over four decades Dr. Nava was a practicing Family Practice, Public Health, General Preventive Medicine, Allopathic & Osteopathic physician. He operated a private medical practice in East Tx. before returning to San Antonio. He was a 13-year veteran of the City of San Antonio Health Department, serving as the Senior Health Physician, when he was chosen as the Interim Director of Health for the San Antonio Metropolitan Health District. Dr. Nava volunteered with the American Diabetes Association and the Community Leadership Board. He served his community with unwavering commitment, treating every patient with exceptional care, empathy and kindness.

Dr. Nava was a member of the Texas Medical Association's border health caucus and chaired the Bexar County Medical Society's Public Health and Patient Advocacy Committee. He served as the 2024 president of the Bexar County Medical Society. His genuine desire to make a difference in the lives of others made him a trusted and respected figure in his field. He will be remembered not only for his medical expertise but for the warmth he brought into every exam room and the deep connections he forged with patients and their families. His legacy of compassion and integrity will live on in the hearts of those he touched, both professionally and personally.

He was preceded in death by his parents Mauro Nava and Georgina Gonzalez Nava and brother Mauro (Buddy) Nava. He is survived by his loving sons Joseph J. Nava, Joshua A. Nava and Antonio Godina, who were his greatest accomplishments. He was a loving father who instilled in his sons the same values of kindness and service that guided his career. He is also survived by his sisters Nora Nava Clark and Bernadette Nava Rodriguez, his brother Steven Rene Nava (Kimberly) and sister-in-law Melissa Nava along with many cousins, nieces, nephews and a large extended family.

In his memory our family encourages everyone to continue his mission of dedication to community service with kindness and empathy. Dr. John J. Nava's impact will be felt for generations to come and he will be deeply missed by all who knew him.

# Tribute Wall

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“ *Dr. John was a good friend to me. May he see many more shows as he cruises the cosmos. I miss my friend.* 🤝🥹



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**Bernard Alemán** - February 28, 2025 at 12:08 PM