



Olga Garcia

April 21, 1928 - October 30, 2025

Dr. Olga Garcia de Villarreal, lovingly known to many as “Mami” or “La Doctora,” was born on April 21, 1928, in Piedras Negras, Coahuila, Mexico, and went to be with the Lord on October 30, 2025, in San Antonio, Texas, at the age of 97.

Born to the late Juan Bautista Garcia and Dolores Perez, Olga was one of six children. She was preceded in death by her siblings Juan Garcia Perez and Yolanda Garcia Perez, and is survived by her beloved siblings Graciela Hernandez, Guadalupe Garcia de Uriegas, and Ricardo Garcia Perez.

Olga was a widow, preceded in death by her devoted husband, Dr. Humberto Antonio Villarreal Villarreal, Physician and Surgeon, whom she met while studying in Monterrey, Nuevo León, Mexico. Together, they built a beautiful family rooted in love, and service.

She is preceded in death by her cherished son, Humberto Antonio Villarreal, and is lovingly survived by her devoted sons Anthony Villarreal, Ricardo Juan Villarreal, and Felipe Nasareno Villarreal; her caring daughters-in-law; and numerous grandchildren who were the joy of her heart. In her later years, she was tenderly cared for by her daughter-in-law Alma Villarreal, whose kindness and presence brought her great comfort.

Born and raised in Piedras Negras, Olga later attended the Universidad Autónoma de Nuevo León, in Monterrey, where she earned her Doctorate in Dental Surgery. As a dentist, she practiced her profession with compassion and integrity, improving countless lives through her care.

A devoted pillar of her community, Olga dedicated much of her life to serving others. She was deeply involved in Al-Anon, where her empathy and leadership led her to serve as the National President of Al-Anon in Mexico—a testament to her strength, humility, and unwavering commitment to helping families heal. She was also a lifelong student of metaphysics, a yoga instructor, and an inspiration to all who sought her wise counsel. Her words and advice were often sought after by friends and family alike, who admired her insight, balance, and generosity of spirit.

Olga was known for her hard-working, active, and joyful nature. She approached life with optimism and grace, famously reminding everyone, “A mí no me duele nada.” She was an avid reader who devoured hundreds of books on personal growth, spirituality, and metaphysics, and she found deep joy in exercise, reflection, and continuous learning.

Her life was a testament to strength — physical, mental, and emotional — and her legacy continues through the countless people she inspired with her warmth, wisdom, and resilience. Her greatest joy was to serve others, and in doing so, she touched every heart that crossed her path.

She will be remembered not only for her remarkable mind and radiant spirit but for the boundless love and light she shared with everyone fortunate enough to know her.

Previous Events

Visitation

NOV 6. 1:00 PM (CT)

Mission Park Funeral Chapels Medical Center
8332 Fredericksburg Road
San Antonio, TX 78229

Vigil and Rosary Service

NOV 6. 3:00 PM (CT)

Mission Park Funeral Chapels Medical Center
8332 Fredericksburg Road
San Antonio, TX 78229

Tribute Wall

JS

“ *Jezreel Villarreal Sanchez lit a candle in memory of Olga Garcia*



Jezreel Villarreal Sanchez - November 06, 2025 at 12:19 PM

JS

Guelita Siempre Vivirás en Mi Corazón por todo lo que Me Distes y me Enseñaste ; De ti adquirí el Gusto por los Libros y la Lectura ; Siempre Encontré en ti Refugio y Confort en los momentos Difíciles siempre tuviste una Palabra Sabia y de Amor para Guiar mis Pasos cuando no sabía a Dónde ir ni que hacer ; Siempre fuiste esa Luz de Guía En los momentos de Duda ; Te Amo mucho Guelita siempre Vivirás en mis Recuerdos y en mi Corazón ❤️ para mí esto no es una Despedida sino tan solo Un Hasta Luego ...

Jezreel Villarreal Sanchez - November 06, 2025 at 12:40 PM

FS

“ *Familia Villarreal Sanchez purchased the Serenit y Wreath for the family of Olga Garcia.*



Familia Villarreal Sanchez - November 05, 2025 at 05:54 PM

AF

“ *AJ Weigand Inc Family purchased the Crystal Cross Bouquet for the family of Olga Garcia.*



AJ Weigand Inc Family - November 04, 2025 at 06:26 PM

MR

“ *Mr Ramon & Teresa Robles purchased the Simpl y Elegant Spathiphyllum for the family of Olga Garcia.*



Mr Ramon & Teresa Robles - November 04, 2025 at 05:57 PM

RT

“ *Sentimos mucho la perdida de nuestra Querida Doctora Olguita García, nuestras más sinceras condolencias para la Familia Villarreal García, Qué Dios los abrace con su Paz y los cubra con su Amor un fuerte Abrazo para Alma y Ricky de parte de la Familia Faz Treviño*

Ruth Treviño - November 04, 2025 at 02:54 PM

IR

“ *Irene Robles lit a candle in memory of Olga Garcia*



Irene Robles - November 04, 2025 at 11:59 AM

IR

“ *1 file added to the tribute wall*



Irene Robles - November 04, 2025 at 11:57 AM

AN

“ Como le deciamos a la Doctora mami Olga porque siempre represento ese amor para nosotros nunca se molesto en recibimos en su hogar y siempre sus atenciones con amor para nosotros hoy te toca volar alto ante nuestro padre DIOS.estoy seguro que llevaras todas tus buenas obras que hicistes en tu vida terrenal y a la familia fortaleza en este triste momento un abrazo fraternal lleno de lo que ella sembro ! Amor ! Descanse en paz y brille para ella la luz perpetua descanse en paz mami Olga asi sea

Angel - November 04, 2025 at 12:14 AM

EI

“ Mi mas sentido pesame para la familia Villarreal Garcia por la irreparable perdida de Mami Olga que dios la tenga en su reino, bendiciones hoy y siempre a la familia y un fuerte abrazo para Ricky y Alma

ELIAS FAZ IRUEGAS - November 03, 2025 at 11:31 PM

ML

“ QEPD + Señora Olga Garcia de Villarreal .
Que la luz de su memoria brille siempre en nuestros corazones y que encuentre paz en la eternidad. Recordando siempre con amor y gratitud su vida , dejando que su legado siga iluminando el camino de todos sus familiares . Que los buenos recuerdo les brinden consuelo. Ricky y Alma , Nuestras más sinceras condolencias con todo el cariño y aprecio . Kiko Fraustro y Mayra Lozano.

Mayra Lozano - November 03, 2025 at 10:02 PM

ML

Siempre en nuestra mente y corazón DEP 🙏

Mayra Lozano - November 03, 2025 at 10:14 PM