



## Patrick Holden, M.D.

August 13, 1945 - January 15, 2016

Patrick Holden, M.D.

Aug. 13-1945 – Jan. 15, 2016

A faithful and true disciple of Jesus Christ and a devoted family man, Dr. Pat Holden was welcomed to heaven on Jan. 15, 2016. He is survived by his wife Sarah; his children Carlos wife Karen Grund, Rachel, and Kathleen husband Wayne Kirk; his grandchildren Arianna, Daniela, Annalyse, Matt, Elliot, and Laurie; his mother Guadalupe Holden; his brothers William, David, and Richard; and his sister Carmen. Pat grew up in Albuquerque, New Mexico. From an early age he knew that he wanted to be a physician. After serving in the Air Force for four years, he graduated from UT Austin and received his M.D. from UT Houston. Because Pat had a heart for children, he worked as a child psychiatrist at the UT Health Science Center for over 30 years. He was a Distinguished Fellow of the American Academy of Child Psychiatry and served as President of the Texas Society of Psychiatric Physicians. Pat worked on many Epiphany teams at Texas juvenile detention units and served as President of the Epiphany state board. He was a faithful member of University United Methodist church for almost 40 years. Visitation will be from 6:00 PM to 8:00 PM on Wednesday, January 20, 2016 at Mission Park Funeral Chapels North. The Church Service will begin at 2:00 PM on Thursday, January 21, 2016 at University United Methodist Church with a reception to follow. Interment then will follow at Mission Burial Park North.



# Tribute Wall

SA

“ I was so sorry to see Pat passed away; he was a great guy. We were in the Air Force together at RAF Alconbury from about 1966 to 1968; he worked in the pharmacy, and I was in medical supply. I haven't spoken to Pat in many years, but I'm getting together with another Air Force buddy and thought it would be great to have Pat join us, at least on the phone. He was a wonderful person and a terrific friend.

Steve Adler

---

Steve Adler - January 10, 2025 at 09:37 PM