



## Dr. Tristan A. Castaned

April 13, 1939 - May 6, 2018

Dr. Tristan A. Castañeda age 79 of San Antonio passed away on Sunday, May 6, 2018 at his ranch outside Seguin, Texas with his wife, Sylvia at his side. Known as “Tris” or “Dr C” to most, he was a man who passionately lived his life and was able to influence change.

Dr. Castañeda was the first child born to Elida and Tristan Castañeda of Laredo Texas. He had 4 siblings, Elsa, Faustino (deceased), Jose Luis, and Elida. He graduated from St. Joseph’s Academy High School where he participated in basketball, track, football, drama club and choir. He played guitar and loved to sing. Dr. Castañeda traveled to Colorado every summer where he worked as a cook and entertainer to pay for his college education. He attended the University of Texas in Austin, pre medicine program. Dr. Castañeda then married his childhood sweetheart, Sylvia, prior to entering Medical School. His medical training was at the University of Texas Medical Branch in Galveston, graduating in 1965 completing a full residency training program at the University of Texas Health Science Center in San Antonio. Dr. Castañeda worked for the newspaper in Galveston as a sports writer while he attended Medical School, completing his degree in 3 years. He then served in the Air Force at Laughlin AFB (OB/GYN physician), Lakenheath England (OB/GYN physician and Flight Surgeon), and finally at Lackland AFB in San Antonio (OB/GYN physician and Chief of the OB/GYN outpatient services at Wilford Hall). He was honorably discharged after 10 years in the Air Force at a rank of Lieutenant Colonel.

Dr. Castañeda obtained board certification in 1971. He was a Diplomat of the American Board of Obstetrics and Gynecology and a Fellow of the American College of Obstetrics and Gynecology (FACOG). He had a special interest in managed care is one of the co-founders of COGA (Citywide Obstetrical and Gynecologic Associates) and SOGA (Select Obstetrical and Gynecologic Associates). Dr. Castañeda lobbied in Washington for women's health rights. He founded Riverwalk OBGYN Associates in 1979 with his first clinic located at the Nix Hospital and eventually grew the practice to require the entire 12th floor at

The Nix and multiple off site practice locations. Dr Castañeda remained in close contact with the Riverwalk OBGYN Associates and the Nix Hospital personnel throughout his life. He had a love for the Nix Hospital and served in many capacities to support the hospital which included a term as Chief of Staff in 1988. After 53 years of medical practice, he retired in 2003.

Dr. Castañeda served as a volunteer with Doctors Without Borders in Oaxaca Mexico for several years. He was an active member of the Mexican American Physicians Association, now known MAHPA. He co-authored several research articles and participated in many medical societies and programs. One cannot think about Dr. Castañeda without remembering his love of education and his love for the University of Texas Medical Branch or UTMB. He was highly active in the Diversity Program and served as chairman at one time, he served on this council until his death.

Dr. Castañeda and his children participated in the San Antonio Youth Soccer Organization, where he assisted with assembling some 30 youth soccer teams on the northside of San Antonio. The love of soccer initiated during the family's time in England. He served as coach for several teams despite his busy schedule. His love of family-immediate and extended is a testament to the man he was. After retirement, Dr. Castañeda focused more on his working cattle, goat and deer ranches in the Hill Country and in South Texas. Many cows, goats and deer are alive today due to his OBGYN skills of being able to provide C-sections to those who may have otherwise perished. His love of his

first doe "Mayflower" led him

to become a known deer breeder in Texas. Dr. Castañeda enjoyed golfing, fishing, hunting, cooking, gardening and was an avid reader.

He is survived by his wife of 57 years, Sylvia Garcia Castañeda (From Laredo), his son Tristan Antonio Castañeda, Jr (Dana Noll), and his daughter Monica Renee Castañeda (Raul Estrada).

In lieu of flowers, the family requests that contributions be made to the Diversity in Medical Education Scholarship Fund at The University of Texas Medical Branch, Office of Development, 301 University Boulevard Galveston, TX 77555-0148 in memory of Dr. Castañeda.

#### SERVICES

Visitation will begin at 6:00 P.M. followed by a Vigil Service and Rosary at 7:00 P.M. on Thursday, May 24, 2018 at Mission Park Funeral Chapels North, 3401 Cherry Ridge Drive. The Funeral Mass will be at 10:00 A.M. on Friday, May 25, 2018 at St. Matthew's Catholic Church, 10703 Wurzbach Road followed by a Reception at the Church. Private Interment will be at a later date at Holy Cross Cemetery.

# Previous Events

## Visitation

MAY **24**. 6:00 PM (CT)

Mission Park Funeral Chapels Cherry Ridge  
3401 Cherry Ridge Dr  
San Antonio, TX 78230  
(210) 349-1414  
<https://www.missionparks.com/>

## Rosary

MAY **24**. 7:00 PM (CT)

Mission Park Funeral Chapels Cherry Ridge  
3401 Cherry Ridge Dr  
San Antonio, TX 78230  
(210) 349-1414  
<https://www.missionparks.com/>

## Funeral Mass

MAY **25**. 10:00 AM (CT)

St. Matthew Catholic Church  
10703 Wurzbach Rd  
San Antonio, TX 78230