



Verna Jeareen Sowell Frye

May 4, 1930 - December 29, 2025

Beloved mother and friend, Verna Jeareen (Sowell) Frye, earned her final reward to be with Jesus on December 29, 2025 with family by her side.

Jeareen was born in Hereford, Texas on May 4, 1930 to Charlie and Verna (Woods) Sowell. She graduated from Stanford High School in Hereford, and then attended Colorado University in Boulder, Colorado. After college she returned to Hereford where she met and fell in love with Charles Frye. They were married and began their life together on June 25, 1950.

Jeareen loved helping others and using her organizational skills and “math” mind in a wide range of jobs including as a catalog call center operator for Sears & Roebuck, the church secretary at First Presbyterian Church of Hereford, a secretary for the Bexar County Medical Society, with the San Antonio CPA Society where she retired.

Most of all, Jeareen thrived as a devoted mother to her children. They were her pride and joy, and she always made sure they knew it! She said they changed her life for the better, and they felt that through all of the love and support she provided. She also enjoyed playing bridge, finding treasures at garage sales and taking scenic drives with Charles on the backroads to explore Texas.

Jeareen was preceded in death by her parents, Charlie & Verna Sowell, her husband, Charles, her daughter, Tammy Renee, and her sisters, Wynogene “Gene” Sharpe and Norma “Sue” Hodges. She is survived by her daughter, Traci Frye Mitchell of San Antonio, and her son Richard (Emily) Frye of Floresville, 8 grandchildren: Quinten (Kristen), Erica (Dustyn), Ashley (Michael), Jesse (Danny), James “JC,” Sarah (Manuel), Caleb, and Elise (Peyton), and her greatgrandchildren: Audrey, Alexis, Faron, Kamron, Konnor, Addison, Bonnie, Elliana and Hayden. In addition, she was blessed with numerous nieces and nephews, brother-in-law and sister-in-law, Wayne and Pat Newsom, and brother-in-law, Phillip Sharp, who all loved her dearly and checked on her often. They are just as much friends as family.

The family would like to thank her caregivers over the years: Agapita Flores, Mary Guerra, Debbie & Ray Phillips, as well as the staff of Trinity Hospice. All are very special people whom have big hearts and have been the hands and feet of Jesus for Jeareen and our family. We are so blessed that you were there to care for our mom/Mamaw/Grammy.

A celebration of life will be held on Tuesday, January 13, 2026 at Mission Park North chapel at 12:00 noon followed by interment at Ft. Sam. Visitation will begin at 11:00am. Jeareen’s favorite color was yellow, but she loved all colors, so please feel free to wear anything bright and colorful.

In lieu of flowers, donations in her name may be made to Grace Bible Church in LaVernia, a church or charity of your choice or Trinity Hospice.

Cemetery Details

Ft. Sam Houston National Cemetery

1520 Harry Wurzbach
San Antonio, TX 78209

Previous Events

Visitation

JAN 13. 11:00 AM - 12:00 PM (CT)

Mission Park Funeral Chapels North
3401 Cherry Ridge Drive
San Antonio, TX 78230

Chapel Service

JAN 13. 12:00 PM - 1:00 PM (CT)

Mission Park Funeral Chapels Cherry Ridge
3401 Cherry Ridge Dr
San Antonio, TX 78230
(210) 349-1414
<https://www.missionparks.com/>

Graveside Service

JAN 13. 1:30 PM (CT)

Ft. Sam Houston National Cemetery
1520 Harry Wurzbach
San Antonio, TX 78209

Procession departing from Chapel at 1:00 PM

Tribute Wall

WN

“ Wayne and Patricia Frye Newsom purchased the Arrive in Style for the family of Verna Jeareen Sowell Frye.



Wayne and Patricia Frye Newsom - January 11 at 07:33 PM



“ Simply Elegant Spathiphyllum was purchased for the family of Verna Jeareen Sowell Frye.



January 09 at 10:09 PM



“ 1 file added to the album Memories Album



Mission Park Funeral Chapels & Cemetery - January 03 at 10:00 AM